

BROKEN

Redefined

Part 2: But I'm Not Broken

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"Before every man there lies a wide and pleasant road
that seems right but ends in death."
- Proverbs 14:12 (The Living Bible)

Step 1 I admitted I was powerless over the effects of my separation from God – that my life had become unmanageable.

I know that nothing good lives in me, that is, my sinful nature. For I the desire to do what is good, but I cannot carry it out. – Romans 7:18

Step 2 I have come to believe that a power greater than myself could restore me to sanity.

For it is God who works in you to will and to act according to His good purpose. – Philippians 2:13

Step 3 I made a decision to turn my will and my life over to the care of God.

*I urge you brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God, which is your spiritual act of worship.
– Romans 12:1*

Step 4 I made a searching and fearless moral inventory of myself.

*Let us examine our ways and test them and let us return to the Lord.
– Lamentations 3:40*

Step 5 I admitted to God, myself, and to another human being the exact nature of my wrongs.

Therefore, confess your sins to each other and pray for each other so that you may be healed. – James 5:16

Step 6 I was entirely ready to have God remove all these defects of character.

Humble yourselves before the Lord, and he will lift you up. – James 4:10

Step 7 I humbly asked God to remove my shortcomings.

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. – 1 John 1:19

Step 8 I made a list of all persons that I had harmed and became willing to make amends to them all.

Do to others as you would have them do to you. – Luke 6:31

Step 9 I made direct amends to such people wherever possible, except when to do so would injure them or others.

Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift. – Matthew 5:23-24

Step 10 I continue to take my personal inventory and when I am wrong, promptly admit it.

*So, if you think you are standing firm, be careful that you don't fall.
– 1 Corinthians 10:12*

Step 11 I sought through prayer and meditation to improve my conscious contact with God, praying only for knowledge of his will for me and the power to carry that out.

Let the word of Christ dwell in you richly. – Colossians 3:16

Step 12 Having had a spiritual awakening as the result of these steps, I try to carry this message to others, and to practice these principles in all of my affairs.

Brothers, if someone is caught in a sin, you who are spiritual should resort to him gently, but watch yourself, or you also may be tempted. – Galatians 6:1

What I learned on the journey of redefining broken:

Only Jesus should sign my report card.

The subtlest lie the enemy uses: “You are fine and wholeness is not possible.”

It's OK to not be OK, it's just not OK to stay that way.

You never know the true weight of your life's burdens until they are gone.

Next Steps

12 Steps: A Spiritual Journey starts Monday, January 28. See details on today's program insert and listen to God as you decide if this is the right next step for you. If you're ready to say yes, sign up today at the Connection Point or online any time at ctk.church.

Small Group Questions

- 1) What do you consider your greatest accomplishment in life so far?
- 2) How do you define broken? Does your definition apply to you?
- 3) Read all 13 scriptures from the outline. Which one presents the greatest spiritual challenge for you right now? Why?
- 4) What's your honest, unfiltered answer to the question: “Are you OK?”
- 5) What would be your biggest obstacle in wanting to embark on this journey?
- 6) How can we pray for you right now and throughout the week?