

At CTK, we value authenticity, simplicity, empowerment, relationship, and caring about the community we live in. One key way we serve is by empowering small groups to make a difference through our local partners who address important issues for those in the hardest life circumstances. The opportunity below is a chance to tangibly demonstrate God's care, compassion, and love for those around us. As your church, we hope this makes it easy for you to put the Great Commandment to love your neighbor as yourself into action!

### ENGEDI REFUGE – FROZEN MEALS PROJECT

### Who are we serving?

Engedi Refuge provides a restorative program for women who have survived sexual exploitation, prostitution and trafficking. We serve them with dignity and compassion. We demonstrate the love of Christ as we teach them practical ways to overcome challenges and embrace healthy living.

## Who is helping connect us to their needs?

Engedi Refuge provides both safe housing for ladies coming from often very dangerous sex trafficking situations, and a comprehensive program that helps them heal and restore their lives so they are prepared for healthy relationships and successful living. Engedi's program requires them to be at the Learning/Counseling Center for 30 plus hours per week. Our residents come every week day for classroom instruction, group discussions, clinical counseling and therapeutic activities. The Learning Center is designed to be a place of safety, peace, reflection and inspirational education.

#### How are we serving?

Could your small group prepare and package 9x13 casserole meals in disposable, aluminum containers? Any kind of meal that freezes well and can be heated in the oven. You can prepare them together for a fun time of fellowship or on your own, on your own time. You don't have to worry about dietary needs. Nutritious meals help our residents in body and mind and is a wonderful way to show them some love as well as ease the Engedi food budget. Please label the meals with heating instructions.

# Who do you contact to commit to this opportunity and work out the details?

When you have meals ready to drop off, contact Johanna Holliday, Administrative Assistant at <a href="mailto:Engedi.johanna@gmail.com">Engedi.johanna@gmail.com</a> or (360) 922-7600. She'll find a time you (or the whole group) can come out for a quick tour and to drop the meals off. Come see what God is doing through Engedi!