



Feelings of Inadequacy

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Q—What do you see when you look into the mirror?

Reasons for feeling inadequate:

- ✓ Unfair Criticism
- ✓ Unrealistic Compliments
- ✓ Unwise Comparisons

Our Overcoming Prayer: God, help me to see me as you truly see me.

The angel of the LORD came and sat down under the oak in Ophrah that belonged to Joash the Abiezrite, where his son Gideon was threshing wheat in a winepress to keep it from the Midianites. Judges 6:11 (NIV)

⇒ **God's _____ of us is different than we think.**

When the angel of the LORD appeared to Gideon, he said, "The LORD is with you, mighty warrior." Judges 6:12,13 (NIV)

For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago. Ephesians 2:10 (NLT)

⇒ **God has put _____ in us than we think.**

Judges 6:14b (NIV)

His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness.

2 Peter 1:3 (NIV)

⇒ **It's _____ about you than you think.**

The LORD answered, "I will be with you, and you will strike down all the Midianites, leaving none alive." Judges 6:16 (NIV)

Q—What simple step is God asking you to take today, to overcome your feelings of inadequacy?

ANSWER KEY: view, more, less



Study & Discussion for Your Next Small Group

Theme: *Who, Me?!*

Warm Up: What was your favorite moment over the holiday season?

Sermon Response: What was a "take-away" you received from Sunday's message? What was mentioned as some of the reasons for why we can feel inadequate?

Read: Judges 6:11-16

- Why was Gideon threshing wheat in a wine press? What is this saying about living conditions of Israel the time?
- Why was Gideon called a Mighty Warrior? How would you feel with the same title?
- What excuses does he give to God, in response to the invitation given to him?
- How can you relate with giving the same kind of excuses in response to the opportunities or challenges God gives you?

Read: Judges 7:1-8

- Why do you think God asked Gideon to reduce his army so severely, and what was it about these particular men who were left, that made them God's choice to fight?
- How did God reveal himself to those men that day, and how does he do the same in our day?
- When have you felt outnumbered but were able to overcome in your life?

Read: Judges 7:16-22

- Why did Gideon use such unconventional weapons?
- What unconventional (spiritual) weapons has God given us to fight with?
- How did Gideon model what the Lord called the Israelites to do?
- How is the element of surprise and following God's will so powerful in this invasion and in battles we face in our lives?
- In what ways do you need help battling feelings of inadequacy in your life?

Prayer: Share needs and also ways God has answered prayer in your group.