



The Danger of Discontentment

July 14, 2019

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Today's Scripture: Ecclesiastes 6

"I think everybody should get rich and famous and do everything they ever dreamed of so they can see that it's not the answer." Jim Carrey

Solomon loved the Lord, walking in the statutes of David his father, only he sacrificed and made offering at the high places. 1 Kings 3:3 (ESV)

As Solomon grew old, his wives turned his heart after other gods, and his heart was not fully devoted to the Lord his God, as the heart of David his father had been... So Solomon did evil in the eyes of the Lord; he did not follow the Lord completely, as David his father had done. 1 Kings 11:4,6 (NIV)

Today's Core Truth: Our discontentment isn't a problem with our circumstances but with our desires.

Proactive & Practical Steps in Diffusing Discontentment:

⇒ Stop and _____.

Q—Ask yourself: Where is the source of my discontentment?

⇒ Remove any _____ that can become triggers.

...let us throw off everything that hinders and the sin that so easily entangles.

Hebrews 12:1b (NIV)

⇒ Express _____ to others.

2 Corinthians 9:8,11 (NIV)

Hebrews 10:24 (NIV)

Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant ... Philippians 2:6–7a (NIV)

⇒ **Serve where you _____.**

I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength. Philippians 4:11–13 (NIV)

⇒ **Chasing The Son _____ our desires.**

Q—Do you have true contentment in Christ?

ANSWER KEY: reflect, distractions, generosity, are, changes



Summer Experience

Find a time and place this week to reflect and study God's word as a group or individually.

Reflect Together: What is something you are looking forward to this summer?

Study Together: A great tool to study scripture is S.O.A.P.

Scripture - Read Ecclesiastes 6

Observe - Write down any principles or truths you learned

Application - Ask, "how can what I just learned apply to my life?"

Prayer - Ask the Lord to give you wisdom and courage to live out what you studied.

Pray Together: Take time to share how God has answered prayer and other prayer requests that you have today.