

# JOIN THE MIGHTY CHORUS

## Part 1: Yadah

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Grant Fishbook,  
Lead Teaching Pastor

### An Unusual Worship Service

**Mark 5:1-15** NEW KING JAMES VERSION (NKJV)

Then they came to the other side of the sea, to the country of the Gadarenes. <sup>2</sup> And when He [Jesus] had come out of the boat, immediately there met Him out of the tombs a man with an unclean spirit, <sup>3</sup> who had his dwelling among the tombs; and no one could bind him, not even with chains, <sup>4</sup> because he had often been bound with shackles and chains. And the chains had been pulled apart by him, and the shackles broken in pieces; neither could anyone tame him. <sup>5</sup> And always, night and day, he was in the mountains and in the tombs, crying out and cutting himself with stones.

<sup>6</sup> When he saw Jesus from afar, he ran and worshiped Him. <sup>7</sup> And he cried out with a loud voice and said, "What have I to do with You, Jesus, Son of the Most High God?" I implore You by God that You do not torment me."

<sup>8</sup> For He said to him, "Come out of the man, unclean spirit!" <sup>9</sup> Then He

asked him, "What is your name?"

And he answered, saying, "My name is Legion; for we are many."

<sup>10</sup> Also he begged Him earnestly that He would not send them out of the country.

<sup>11</sup> Now a large herd of swine was feeding there near the mountains.

<sup>12</sup> So all the demons begged Him, saying, "Send us to the swine, that we may enter them." <sup>13</sup> And at once Jesus gave them permission. Then the unclean spirits went out and entered the swine (there were about two thousand); and the herd ran violently down the steep place into the sea and drowned in the sea.

<sup>14</sup> So those who fed the swine fled, and they told it in the city and in the country. And they went out to see what it was that had happened.

<sup>15</sup> Then they came to Jesus and saw the one who had been demon-possessed and had the legion, sitting and clothed and in his right mind. And they were afraid.

### My own definition of worship:

Stretching to touch the feet of God and finding out  
that he allows you to touch his face instead

### Biblical Words for Worship

Hebrew: *shachah* — to kiss toward

Greek: *proskuneo* — to prostrate yourself before God

Lying flat on the ground, face downward in reverence or submission

## A Posture of Worship

**yadah** (ya-*daw*)

- **Praise** — to extend the hands, or to throw out of the hands
- An **active** posture of excitement and enthusiasm for God in praise and worship

All your works praise (*yadah*) you, Lord;  
Your faithful people extol you. – Psalm 145:10

May the peoples praise (*yadah*) you, God;  
May all the peoples praise (*yadah*) you. – Psalm 67:3

In God we make our boast all day long,  
And we will praise (*yadah*) your name forever. – Psalm 44:8

## In worship, hands are raised...

In celebration

In dependence

In surrender

In preparation

In worship

## Next Step

Sometime in the next week, take a moment to “yadah” – raising your hands in praise. That could be during a personal time of worship or in a community worship setting. You even have the opportunity when today’s message concludes with a song, but remember that “yadah” isn’t confined to musical worship. It might happen in silence, in prayer, or in conversation!

## Small Group Questions

- 1) What has been the highlight of your summer so far?
- 2) How would you define worship?
- 3) In what environment are you most likely to worship (church, alone, outside)? Why is it easier to connect with God in that place and in that way?
- 4) We often get sidetracked in worship by personal preference and style. What can you find in the Bible about what God looks for in authentic worship?
- 5) Have you ever had a “yadah” moment? Why or why not? If not, would you be willing to take a risk and try it this week?
- 6) How can we pray for you right now and throughout the week?