



Part 1: The Basics

May 2 & 3, 2015

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Survival Mode:

A season of life when all of our effort is dedicated to personal survival.

5 Basic Needs for Human Survival

1. Oxygen

The spiritual need is met because God is the breath of life.

Then the Lord God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being. – Genesis 2:7

This is what God the Lord says—the Creator of the heavens, who stretches them out, who spreads out the earth with all that springs from it, who gives breath to its people, and life to those who walk on it. – Isaiah 42:5

2. Water

The spiritual need is met because God is living water.

“But whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.” – John 4:14

3. Food

The spiritual need is met because God is the bread of life.

Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.” – John 6:35

4. Shelter

The spiritual need is met because God is our refuge.

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, “He is my refuge and my fortress, my God, in whom I trust.” – Psalm 91:1-2

5. Sleep

The spiritual need is met because God promotes, permits and modeled rest.

“Come to me, all you who are weary and burdened, and I will give you rest.” – Matthew 11:28

*And my God will meet all your needs
according to the riches of his glory in Christ Jesus.
– Philippians 4:19*

Spiritual Truth

**God is calling us beyond merely surviving
into a place where we are truly thriving.**

Next Steps

I Have Decided

If you have recently said yes to Jesus, you're probably wondering, "Now what?" I Have Decided is a 4-session class that will help you build a basic foundation for following God. You'll learn practical ways to find spiritual food, water, and shelter. ***Starts Sunday, May 17 at 10:30 AM.***

The Seven Principles for Making Marriage Work

Whether your marriage is going strong or hanging by a thread, there are time-proven relationship principles that keep marriages surviving and thriving. Discover seven of these principles in this ***2-day workshop on May 30 & 31*** at CTK.

Get all the details and register for either class at the Connection Point, at ctkbellingham.com/classes or read more in CTK Life.

Small Group Questions

- 1) What's your stress level like right now? Why?
- 2) Have you ever found yourself in a survival situation? What happened?
- 3) In what ways is God meeting your needs right now?
- 4) What would you say to someone who is in survival mode? How would you encourage them?
- 5) Read Psalm 42. What does David say that would lead you to believe he is in survival mode? What solution does he arrive at?
- 6) What do you need prayer for today?

OUR MISSION

To create an authentic Christian community that effectively reaches out to unchurched people in love, acceptance and forgiveness so that they may experience the joy of salvation and a purposeful life of discipleship.